



## Report for intandem volunteer survey - July 2020

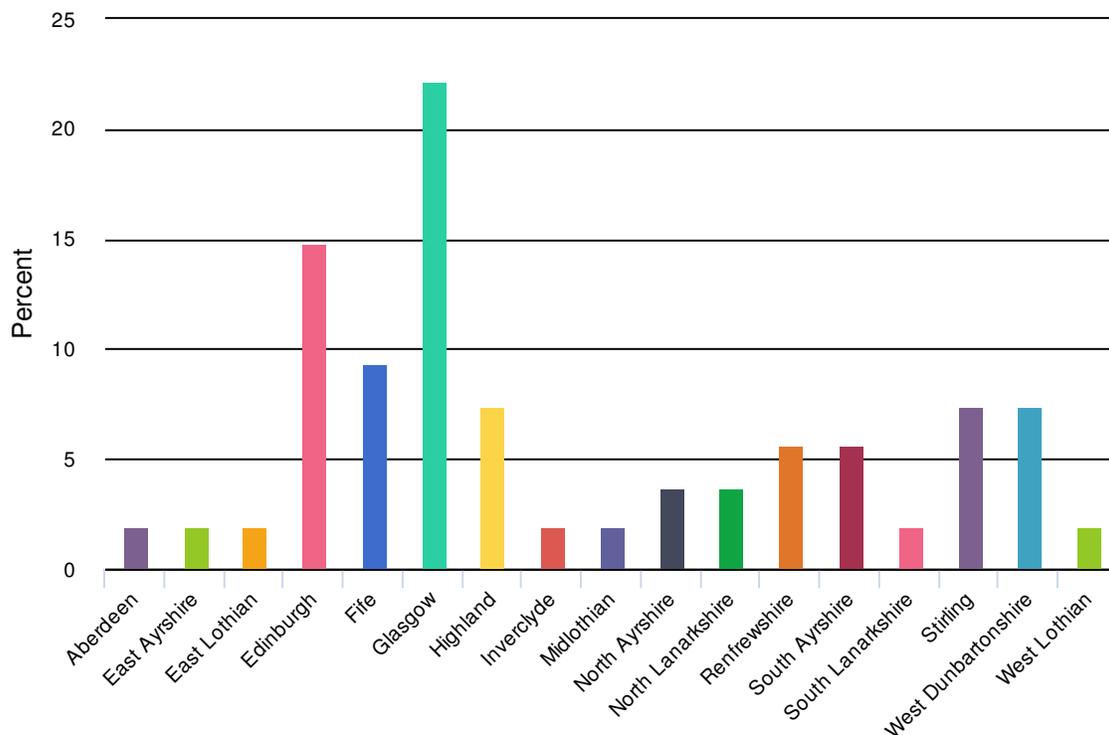
### Response Counts

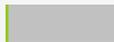
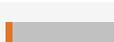
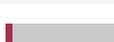
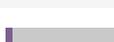


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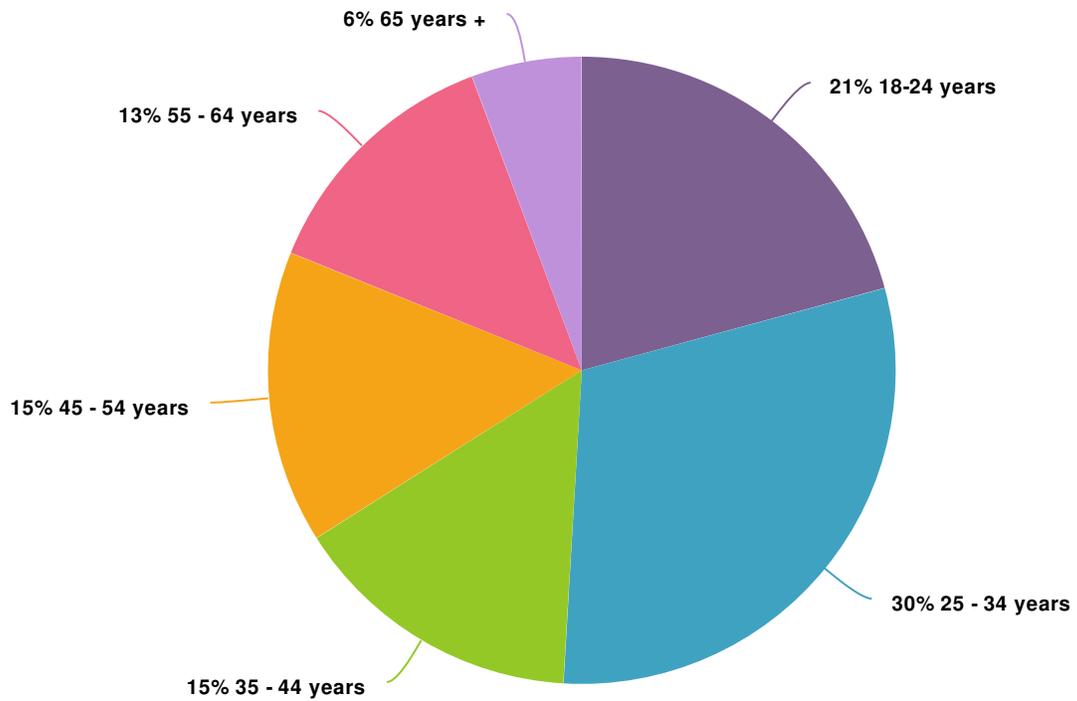
Totals: 54

# 1. Which part of Scotland do you currently live in?



Value		Percent	Responses
Aberdeen		1.9%	1
East Ayrshire		1.9%	1
East Lothian		1.9%	1
Edinburgh		14.8%	8
Fife		9.3%	5
Glasgow		22.2%	12
Highland		7.4%	4
Inverclyde		1.9%	1
Midlothian		1.9%	1
North Ayrshire		3.7%	2
North Lanarkshire		3.7%	2
Renfrewshire		5.6%	3
South Ayrshire		5.6%	3
South Lanarkshire		1.9%	1
Stirling		7.4%	4
West Dunbartonshire		7.4%	4
West Lothian		1.9%	1

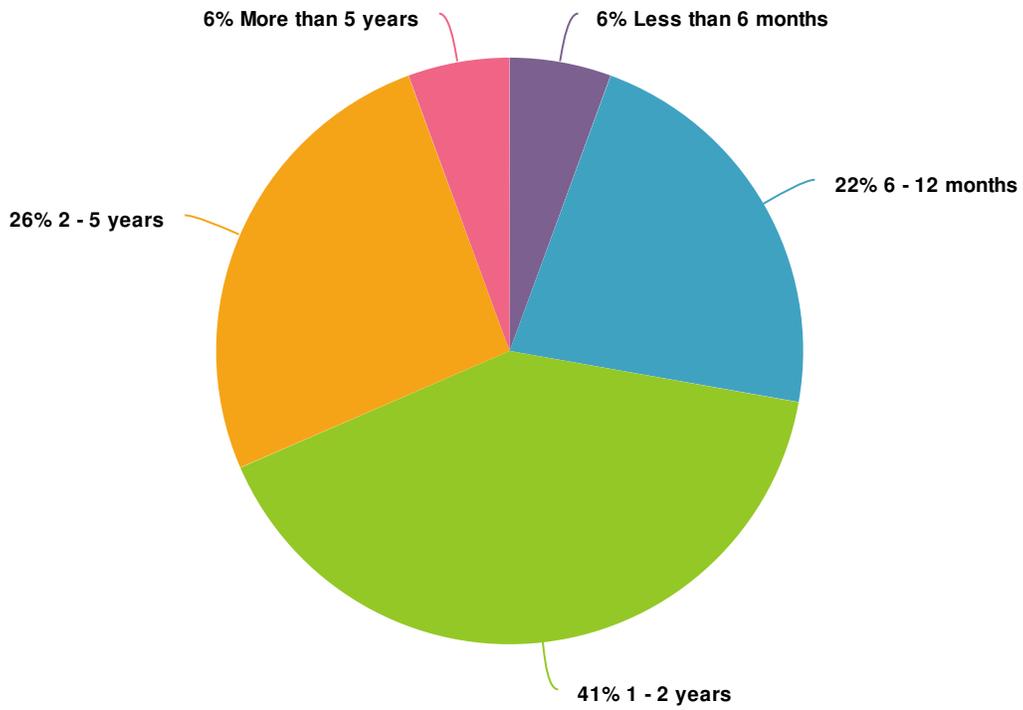
## 2. What age are you?



Value		Percent	Responses
18-24 years		20.8%	11
25 - 34 years		30.2%	16
35 - 44 years		15.1%	8
45 - 54 years		15.1%	8
55 - 64 years		13.2%	7
65 years +		5.7%	3

Totals: 53

### 3. How long have you volunteered as a mentor?



Value	Percent	Responses
Less than 6 months	5.6%	3
6 - 12 months	22.2%	12
1 - 2 years	40.7%	22
2 - 5 years	25.9%	14
More than 5 years	5.6%	3

Totals: 54

#### 4. How effective has the training and support provided to you been?

	Disagree/Not at all	Agree/To some extent	Strongly Agree/ A great deal	Total Checks
The initial training prepared me for the role of a mentor Checks Row Check %	0 0.0%	6 11.1%	48 88.9%	54
The ongoing support has helped me to mentor more effectively Checks Row Check %	0 0.0%	8 14.8%	46 85.2%	54
I have gained new skills by becoming a mentor Checks Row Check %	1 1.8%	15 27.3%	39 70.9%	55
Being a volunteer mentor has helped with my career/job prospects Checks Row Check %	11 20.8%	24 45.3%	18 34.0%	53
Being a volunteer mentor has helped me secure a new job or place in education. Checks Row Check %	33 63.5%	8 15.4%	11 21.2%	52
<b>Total Checks</b> Checks % of Total Checks	45 16.8%	61 22.8%	162 60.4%	268 100.0%

## 5. What would improve the training you received?

**No data:** No responses found for this question.

**ResponseID**

**Response**

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6. What additional support would have helped you mentor more effectively?

No data: No responses found for this question.

**ResponseID**

**Response**

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7. Please provide details of how volunteering has helped your career/job prospects.



**ResponseID** **Response**

ResponseID	Response
6	N/A
7	I applied for a part time job in Action For Children after volunteering as a mentor, and started working for the company a year ago.
8	Volunteering contributes to obtaining work experience with children.
9	I have gained new skills which will be transferable to the workplace, e.g. communication skills.
12	While I already work in social care it has helped develop my perspective of issues faced by vulnerable young people.
17	I work with children. The young person I look after has ADHD and Autism so although I was aware of these disorders before I started volunteering I feel it's helped me deal and understand other children experiencing this
18	It hasn't helped me as I haven't applied for any new jobs but I know it would be seen as a positive and shows a lot of responsibility and dedication which is needed in all jobs
19	ability to draw from experiences as a mentor in interviews experience is relative to future job prospects
23	Although it hasn't directly impacted me in my career, I feel that the key skills I use while mentoring helps me with my day to day confidence when meeting and speaking with people.

## ResponseID Response

26	This has given me the opportunity to work with young people suffering from poor mental health which has been vital experience for progressing in my career as a psychologist.
28	I was provided an immense amount of support and training that helped me secure a job in social care. I feel I would not have been able to secure such a job had I not learned so much through volunteering and the training I have had access to and been provided.
29	N/a
30	I switched careers from working in a supermarket to a classroom assistant, a change that would not have been possible without my volunteering experience.
31	My experience as a mentor helped me gain a place on HNC social services course and this has lead me to work as a residential worker in a home for young people.
32	I changed my University degree to follow a route which will help me work with vulnerable children in the future.
34	It hasn't because it's not my job. I do it because I enjoy it.
35	I work within community arts and having so much experience with CEYP and connections with the charity has helped me widen my practice as well as be eligible for more funding for future activities.
36	Since starting mentoring I gained a position working with young homeless people. I don't think I would have got this had I not been mentoring. This was a promoted post. From there I have gone onto another promoted post. Both posts within two years of starting mentoring.
40	As I'm still a student it hasn't (yet).
41	It hasn't helped me so far but it will be added to the CV so could have immense value in the future.
42	Kept me focused and advocating for troubled youth
43	I have now secured a job as pupil support and I was able to use a lot of examples in my application and interview.
44	Last year I went for a team leader post. Having additional training/experience etc helps with this. Can't say how much but it was good to be bale to add mentoring to my application.
46	Good experience, especially 1-1 support has helped. I think it's important to be flexible in the jobs market by having a good range of skills & experience so volunteering helps.

## ResponseID Response

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48 The mentor role is related to the work I'm hoping to move into. I need the experience of mentoring so know that it will help me in future.

50 Given me more experience, better communication skills and more confidence.

51 It will be useful when applying for a Masters course and there are job opportunities within AFC.

52 I gained full time employment with Barnardo's after volunteering for 6 months. Through this I have had great training opportunities to further my learning and development.

53 I could show I have experience working with young people.

54 I have gained an excellent experience with my supervisor and my young person. This has helped me to find a part time job and to manage both.

55 it hasn't.... as yet. but hope it will in future

56 I can't say for sure that it has but the knowledge and skills I gained have certainly helped

## 8. How has volunteering made you feel?

	Disagree/Not at all	Agree/To some extent	Strongly Agree/ A great deal	Total Checks
I feel that I have contributed more to my community since becoming a mentor Checks Row Check %	3 5.6%	18 33.3%	33 61.1%	54
I have a wider network of friends and acquaintances since becoming a mentor Checks Row Check %	12 22.2%	36 66.7%	6 11.1%	54
My mental well-being has improved since becoming a mentor Checks Row Check %	4 7.5%	34 64.2%	15 28.3%	53
I feel better about myself since becoming a mentor Checks Row Check %	2 3.6%	27 49.1%	26 47.3%	55
<b>Total Checks</b> Checks % of Total Checks	21 9.7%	115 53.2%	80 37.0%	216 100.0%

## 9. What benefits, if any, has volunteering as a mentor provided?

	Disagree/Not at all	Agree/To some extent	Strongly Agree/ A great deal	Total Checks
I have a greater understanding of the challenges young people can face. Checks Row Check %	0 0.0%	8 14.8%	46 85.2%	54
I have shared what I have learned with my family and/or friends Checks Row Check %	2 3.7%	29 53.7%	23 42.6%	54
I have learnt new things from my mentee Checks Row Check %	1 1.8%	25 45.5%	29 52.7%	55
I have formed a positive relationship with my mentee Checks Row Check %	0 0.0%	12 21.4%	44 78.6%	56
<b>Total Checks</b> Checks % of Total Checks	3 1.4%	74 33.8%	142 64.8%	219 100.0%

10. Has volunteering as a mentor helped you personally? Please provide any details.



**ResponseID    Response**

1                    Maintain focus and gratitude

6                    I feel like I'm making a positive difference in the young person's life - even if they don't realise it. Trying new things lets them see what they enjoy or don't enjoy. Makes me more aware of how lucky my family are and I've reinforced this message so they give more to people in more need.

7                    Yes, it has. It has made me aware of the challenges young people face within the community.

8                    Gives me insight into the struggles young people face.

9                    It has given me a different perspective on what challenges young people face. I think it makes you more empathetic to other people and I feel I'm more confident in myself.

10                   I have a better appreciation of the positive things I have in my life.

12                   Yes, it has helped me develop my skills working with young people and given me a sense of satisfaction that I am able to make a difference in the life of a young person.

15                   It helped me get out of the house as I was hardly ever going outside. I'm sure it has helped me in a lot of ways that I haven't even realised yet.

16                   I feel that it's a part of my week that is important. It's a relationship that is important. I feel I am doing something really good for my young person and that's a lovely feeling to have.

## ResponseID Response

17 I think it definitely helps you feel good about yourself and more confident when you see the difference you are making to your YP.

18 Yes I have a better understanding of other people's home situation and it's made me a more understanding person

19 I have learned a lot from my mentee as it is a 2 way relationship I feel more education on the hardships which looked after children face

20 It has helped me to be more understanding of other people's opinions and the way they see certain situations. Also a better listener, taking time to listen fully to a person.

23 Yes, I have gained confidence in my daily life when speaking with people and I understand better how people from different environments are impacted extremely differently while living maybe a few miles away.

24 I feel that giving my time has helped make a difference in a child's life and therefore the experience is rewarding personally.

25 It has given me a better understanding of the challenges people face and made me less judgemental

26 Volunteering has helped me improve my confidence when going into unfamiliar places/circumstances.

27 It has given me more confidence in dealing with different situations. It has given me a greater insight into the difficulties young people can face. I enjoy the company of my young person & like hearing his chat each week.

28 Volunteering makes me feel valued and improves my mental wellbeing. I am able to focus on self reflection and mindfulness which I would not have prioritised had I not been part of Intandem training.

29 It's helped me to feel more connected to the community and that I'm making a difference to someone's life.

30 Gave me a greater understanding of how not just young people, but all of us are affected by poverty on a mental level.

31 It has made me more confident in my abilities, given me extra purpose and makes me proud of myself and others

32 Being a mentor has opened my eyes to so many issues in society, whilst helping me to be part of something positive. I have also learnt how much I love developing relationships with young people and hope to do this as a career.

33 Made my spare time more productive.

## ResponseID Response

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- 35 My husband and I want to adopt and this experience of mentoring has helped me understand the situations and difficulties in which young people live before we adopt a child into our lives.
- 36 Yes it has, it has absolutely given me so much. I love meeting up with my mentee, we have such fun. If I'm having a bit of a rotten day I know I'll feel so much better after meeting up with her.
- 37 Yes mentoring has helped me socialise more and improved my mental health
- 40 It has helped me bcome more independent and open minded.
- 41 It has increased my confidence and understanding of young people's challenges.
- 42 Yes gave me oppportunity to share my experiences and give back to community and advance to potential paid work
- 43 It has helped gain confidence and kept me motivated to have a purpose in life when going through a tough time. It has given me confidence in that I am positive role model.
- 44 The structure helped me during a difficult family time. Also been fun to spend time with a young guy who is a good laugh and to try new things with him. Plus hopefully it helped my application when I became a team leader.
- 45 It has helped me with relationships with teenagers in my family - I have a better understanding of their challenges and needs.
- 46 I've enjoyed connecting with my match. We get on well and hearing her perspective on things has been useful to me in a strange way. I see how resilient she is and it inspires me.
- 47 I get an enormous pleasure and fun from the activities we share anD I get an insight into the challenges faced in other families and communities
- 48 As I said, it has been good for me pursuing a new career path. Also been good to know I'm hopefully making a difference
- 49 It has helped me gain confidence within myself and a sense of fulfilment of being able to help someone else
- 50 Similar to the career benefits it has helped me with confidence, given me good time management skills and improved my mood
- 51 Mentoring has given me insight into the struggles dealt with by young people today.
- 52 It has helped with my own confidence and self-esteem.
- 54 This experience made me understand more about children development.

**ResponseID    Response**

55

no

56

Yes. It's helped me to refocus my own needs and issues in a way I didn't expect.

57

Greater understanding of the challenges facing service users and the need for their support.

11. What difference do you feel being a mentor has made during the last three months or so?



**ResponseID    Response**

1                    Helping others less fortunate during this time

6                    It has been good to maintain contact and for them to feel they still have my support and there for them. Let them vent frustrations to someone outside the family and talk about any concerns. It feels good to still have contact even if just a call or Zoom. Good to still be able to provide some form of support.

7                    I feel that giving support to the YP I mentor during lockdown has been very beneficial and essential during such a difficult time.

8                    My young person feels like he has another person he can confide in.

9                    I have been calling the family one a week to speak to them and see how they are doing, I hope this helps them feel that their mentor still cares and gives something to look forward to once things return to normal.

10                   It has given me a focus and helped me keep things in perspective.

11                   None, as I have little to no contact with my mentee

12                   Having occasional phone contact with the young person during the covid lockdown did mean I could check in that everything was OK and hopefully give reassurance that things will start getting more normal.

13                   Difficult but important to keep contact with mentee.

## ResponseID Response

- | ResponseID | Response  |
|------------|---|
| 16         | It's been difficult this last few months due to Covid. We have spoken on the phone but it's not the same as being out and about. Saying that, I don't think it has damaged the relationship in any way. It's just been a very odd time to mentor! |
| 17         | Keeping in contact with my YP has been good for both myself and YP. Lockdown has been hard for our relationship however knowing that my YP enjoys the contact we still have is a nice feeling   |
| 18         | Positivity in my young person and my life! Something consistently to look forward to, an understanding for others and money   |
| 19         | it has been more difficult over the last 3 months due to lockdown but it is still possible for us to speak weekly   |
| 20         | I feel more responsibility for being a positive influence on a person's life. Also being a good role model as my mentee may look up to me for advice.   |
| 23         | During lockdown it has been tough to communicate with my mentee but when we have chatted they have felt like I was there to support them and I feel that this is a huge difference even though it may seem little.                                |
| 24         | It's given my mentee someone different to talk to during lockdown and hopefully let them know that someone is interested and cares about them.  |
| 25         | This service is vital to children, particularly so in lockdown when kids are more isolated. Engaging with my mentee was a challenge at first but we soon got into the swing of it with the help of YPeople team                                   |
| 26         | I feel it has helped me see some positives despite the difficult situation.   |
| 27         | It has hopefully helped my young person knowing that I am still there for him despite not being able to get out.  |
| 28         | It has given me something to hold onto in such a chaotic time.  |
| 29         | At the time I wasn't so sure it was making much of a difference, but on reflection, the fact that I kept in contact has strengthened the relationship further and was more important to my mentee than I realised.                                |
| 30         | Thanks to COVID 19 and my own personal health I don't feel I've been as helpful as I would want but have tried to be an outlet via telephone for my mentee.   |
| 31         | It has been tough to navigate but it has solidified how much I enjoy supporting my mentee and their family  |
| 32         | Over lockdown being a mentor has meant someone caring about my mentee through a challenging and uncertain time.   |

## ResponseID Response

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33	None. I have had minimal contact.
34	It's shown me how to use zoom etc doing things I wouldn't have expected to do. Due to lockdown.
36	It has provided me with some sense of normality during lockdown.
37	Changing to telephone/FaceTime calls has not affected our sessions at all - we still talk for 2 hours and have maintained the strong relationship
40	A bit of "normality" during the covid crisis.
41	It has made me more aware of the fact that young people with social problems need to know they're not alone.
42	Kept me grounded and valued after mild stroke and supported recovery
43	I have felt needed and important to the family that I support even if we haven't chatted as much as I would have liked.
44	Just been good to help in a different kind of way. My young person has had a difficult time so its been good to be able to help.
45	N/A
46	It's been nice knowing you are connecting with someone when other's aren't able to.
47	Lockdown has been a challenge but also an opportunity to find new ways to communicate and do fun things online ( eg online scrabble has been a big hit and providing support for homework assignments. Importantly it's given me an opportunity to build a relationship with my mentee family which has been difficult previously.
48	Just being able to stay in touch has hopefully helped.
49	A massive difference - due to Covid and it being online it has been extremely tricky but having stuck at it and persevered you realise just how much of a difference you still make even if you don't get much response
50	I have provided company over the phone to my mentee, someone else for him to speak to and someone who listens to him during these difficult times
51	My young person feels he has someone else he can confide in.
52	Being a mentor during this difficult time has allowed me to continue to make a difference and support my young person during this time. Although I haven't been able to see my young person, we will speak regularly over the phone and enjoy doing quizzes and learning new things together.

## ResponseID Response

53	The last three months were very difficult and I don't think it has been positive for my YP.
54	It's been a long process for us to overcome this situation and kept us busy with what we most enjoyed doing, talking to people even if it was sometimes only by the phone.
55	not much as ockdiwn meant I'm unable to see my child
56	It's been tough during lockdown but it's helped me to reimagine activities
57	An extra thing to do and to focus on given the lockdown. Was good to have. Especially good to help someone else who struggled with being cooped up as well.

## 12. How do you feel about volunteering in the future?

	Disagree	Agree	Strongly Agree	Responses
I would recommend volunteering as a mentor to family and/or friends				
Count	0	10	44	54
Row %	0.0%	18.5%	81.5%	
Column %	0.0%	45.5%	95.7%	
As a volunteer, I feel respected				
Count	0	13	38	51
Row %	0.0%	25.5%	74.5%	
Column %	0.0%	59.1%	82.6%	
I plan to continue mentoring after my current match ends				
Count	11	13	26	50
Row %	22.0%	26.0%	52.0%	
Column %	100.0%	59.1%	56.5%	
<b>Totals</b>				
Total Responses				54
Column Avg. %	7.1%	23.2%	69.7%	100.0%

### 13. What would help you feel more respected as a volunteer?

No data: No responses found for this question.

**ResponseID**

**Response**

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14. Please can you share your reasons for not continuing as a mentor?



## ResponseID Response

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- 6 Family and work reasons. Was decided before the pandemic and although some of my challenges have eased, some are still there. I still feel like I want a break from it. Also helping elderly neighbour through this which takes up my time too.
- 7 At the moment I have other commitments that will not allow me to continue mentoring after my current match ends. It is definitely something I will do again in the future as it has been such a good experience.
- 9 I hope to take a break after my current match to focus on other commitments but hope to return to mentoring in the future.
- 17 Being a mentor is something I wanted to experience. Due to work reason and changes in circumstances Time being a major factor I feel after my match ends I wouldn't have the same time to give to another YP like I do at the moment
- 24 Personal reasons - I have to take more care of my elderly mother these days.
- 29 I had to choose an answer and I'm not totally decided on this. My current personal circumstances may impact on my ability to start a new match. Time with the mentee is a joy but weekly meet ups are quite a commitment and there is a fair amount of reporting and admin for the mentor to complete ongoing. I do understand the importance of this.
- 30 I'm not sure I can be as good a mentor as I wish to be thanks to other circumstances.
- 33 I don't feel very good at it.
- 41 Plan to continue being a mentor up until 2022 and then review if I can continue it.
- 45 After three years I feel like I'll need a break, perhaps I'll come back to it in the future
- 52 I have volunteered with Barnardo's since November 2017 and gained full time employment through. I would never cut my current match short, and plan to let this end naturally. However, after this match I do not plan on mentoring any other young people due to work commitments and moving house to a new location.