



MAKE TIME FOR
OUTDOOR PLAY

Practitioner Tips for C-19 Outdoor Play

02

It's ok to make time for Outdoor Play

Everything has changed as a result of Covid-19. What we may have been sure of before, we might be questioning. This may have affected our confidence as practitioners as we try and make sense of the frequently changing guidelines and advice.

Where does it tell us what we can do?

Scottish Government's National Clinical Director Jason Leitch, has released a series of short videos offering guidance to Early Years Childcare Hubs. His main messages are:

- It's important that children go outside, particularly within the enclosed spaces attached to your setting (hub)
- Children can go outside as many times as they like, they are not restricted
- Try and keep children physically distanced
- Encourage children to wash their hands when they come in
- Wash your own hands frequently too
- Teach the children rhymes, games or songs that help hand washing last 20 seconds

Useful links to the latest Health Guidance: *Social Distancing in Education and Childcare Settings* <https://www.gov.scot/publications/coronavirus-covid-19-physical-distancing-in-education-and-childcare-settings/> *NHS Health Guidance* <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/coronavirus-covid-19-general-advice>
You can watch the video on Twitter <https://twitter.com/ELCScotGov/status/1255530375876616195>

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Developed to support
C19 Outdoor Play